

Route Sheet & Nursing Note

PURPOSE OF VISIT: _____ **PULSE:** _____ **R A R/I** **RESPIRATIONS** _____ **R/I**
TEMP: _____ **F O/R/A** **BP: Sitting** _____ / _____ **L/R Standing** _____ / _____ **L/R Lying** _____ / _____ **L/R** **WEIGHT** _____ **lb** **Stated/Actual** _____

MENTAL: Alert Oriented X _____ Restless Forgetful Confused Anxious Depressed
 Agitated Comatose Semi-Comatose **Comment:** _____

NEUROLOGICAL: No problem assessed at this time Aphasia Slurred Speech Seizures Headache Tremors Vertigo
 Change in LOC Grips Unequal Pupils Unequal Numbness Visual Deficit Hearing Deficit Speech Deficit
Comments: _____

CARDIOVASCULAR: No problem assessed at this time **Pedal Pulses:** Present Absent **Edema:** None Pitting Non-Pitting
Location/Amount: _____ Chest pain Palpitations Dizziness Orthopnea
Comment: _____

RESPIRATORY: No problem assessed at this time **Lung Sounds:** _____
 Cough: Prod Non-Prod O2 _____ LPM/NC/Mask **SOB:** Rest Min Exertion **Sputum:** Color _____ Amt _____
Oxygen Saturation: _____ % **Comment:** _____

GASTROINTESTINAL: No problem assessed at this time **Appetite:** Good Fair Poor **Bowel Sounds:** Present Absent
 Hypo Hyper Nausea Vomiting Diarrhea Constipation Incontinent Last BM _____ Feeding Tube _____
Diet: _____ **Comment:** _____

GENITOURINARY: No problem assessed at this time Incontinent Frequency Urgency Pain on urination
 Nocturia Burning Retention FC Suprapubic **Catheter/Size** _____ **F** _____ **cc** balloon Condom Catheter (S/M/L)
Urine: Color _____ Odor Cloudy **Amount:** _____ **ml** **Comments:** _____

ENDOCRINE: No problem assessed at this time **Blood Glucose** _____ **MG/dl** random/fasting Per patient/PCG Diaphoretic Polyuria
 Blurred Vision Polydipsia Polyphagia S/S of Hypoglycemia S/S of Hyperglycemia Tachycardia
Comment: _____

SKIN: No problem assessed at this time **Turgor:** Good Fair Poor **Skin Temp:** Warm Hot Cold
 Rash Diaphoretic Bruises Dry Excoriation Pallor Jaundice Pruritis Blister(s) Surgical wound Skin tear
 Stasis ulcer Pressure ulcer Diabetic Ulcer **Site:** _____ Drainage/Description/Amount: _____
 Odor Skin on Feet Intact Perineal Area Intact Wound Sheet Q week completed
Comment: _____

MUSCULOSKELETAL: No problem assessed at this time Stiff joints Painful joints Weakness _____ Contractures
 Unsteady Balance/Gait **Comment:** _____

PAIN: No Yes **Location** _____ **Origin** _____ **Frequency** _____
Intensity 1 2 3 4 5 6 7 8 9 10 (circle) Sharp Dull Burning Radiating **Controlled?:** Yes No **Pain med last given:** _____
Current Pain Management: _____ **Comment:** _____

MEDICATIONS: No meds currently No problem assessed at this time Pt/PCG compliant with med regime Pt/PCG lacks knowledge regarding med regime Medications are effective No drug interaction noted Started on new med _____ Med profile updated **Comment:** _____

Abnormal Findings/Skilled Care Provided: Standard Precautions observed Infection Control Measures observed including hand washing

Two Identifiers used to verify Patient Safety Precautions Observed Medical Equipment in good working order
 Requires SN since: No willing and able CG to administer Insulin No willing and able CG to provide wound care/administer IM/IV medication
 Pt/PCG response: Pt/PCG verbalizes understanding of teaching _____ % Pt/PCG needs further instruction Pt/PCG demonstrated procedure properly w/o cues Pt/PCG demonstrated procedure w/ cues _____
Communication with (name and title) _____ **Re:** _____
 No new orders at this time Medication change Treatment change Physician appointment Lab specimen obtained
Plans for next Visit: _____

Homebound Status: Needs assistance with all activities Residual Weakness Requires assistance to ambulate Medical restrictions
 Confusion, unable to go out of home alone Unable to safely leave home unassisted Dependent upon adaptive device (s)
 Severe SOB, SOB on exertion other (specify) _____

AIDE SUPERVISION: Name of Aide _____ Aide present Yes No Follows task/care plan? Yes No
 Patient satisfied with services? Yes No Cleans up work areas Yes No Uses good safety practice Yes No
 Aide Task Sheet updated? Yes No **Care Observed** _____ **Instructed in** _____

Patient's Name		Patient Number		
Nurse's Name	Nurse's signature	Date of Visit	Time In	Time Out

